



Monday	Tuesday	Wednesday	Thursday	Friday
Beef Chilli with Beans & Savoury Rice	Cod & Pancetta Fishcake with Spicy Wedges & Garden Peas	Creamy Chicken & Vegetable Pasta Bake	Jerk Chicken served with Jerk spiced Beans & Rice	Fishwich ,Chips & Peas
Vegetable Pasta Bake with Cannellini & Barloti Beans	Glamorgan Sausages with Sweet Potato Wedges	Pineapple & Lentil Tika Dahl	Quorn Hotdog & Salsa	Cheeseburger on Bun with Chips
Cheese & Tomato Panini	Vegetable Risoto	Medley of Samosa, Onion Bajhas, & Spring Rolls	Jacket Potato with Baked Beans	Cheese & Tomato Pizza
Simple Salad Pots, Noodle Pots,Pasta Pots,Salsa Nachos, Spicy Chilli Sticks,	Simple Salad Pots, Noodle Pots,Pasta Pots,Salsa Nachos, Spicy Chilli Sticks,	Simple Salad Pots, Noodle Pots,Pasta Pots,Salsa Nachos, Spicy Chilli Sticks,	Simple Salad Pots, Noodle Pots,Pasta Pots,Salsa Nachos, Spicy Chilli Sticks,	Simple Salad Pots, Noodle Pots,Pasta Pots,Salsa Nachos, Spicy Chilli Sticks,
Tuna Pots, Cheese Pots, Coleslaw Pots, Mixed Olives	Tuna Pots, Cheese Pots, Coleslaw Pots, Mixed Olives	Tuna Pots, Cheese Pots, Coleslaw Pots, Mixed Olives	Tuna Pots, Cheese Pots, Coleslaw Pots, Mixed Olives	Tuna Pots, Cheese Pots, Coleslaw Pots, Mixed Olives
Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches



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BBQ Chicken served with Potato Wedges & Sweetcorn	Baked Sausages, Creamed Potatoes, Onion Gravy & Garden Peas	Sweet & Sour Chicken with Egg Noodles	Quorn & Vegetable Pie & Mixed Cabbage	Fishwich, Chips & Peas
Cheese & Tomato Panini	Spicy Vegetable Wrap, Herby Diced Potatoes	Sweet & Sour Vegetables with Egg Noodles	Mexican Bean Burito with Cheese & Salsa	Chicken Burger on a bun with Garlic Mayo
Jacket Potato & Baked Beans	Pasta Carbonara & Garlic Bread	Vegetable Spring Rolls	Maccaroni Cheese	Cheese & Tomato Pizza
Simple Salad Pots, Noodle Pots, Pasta Pots, Salsa Nachos, Spicy Chilli Sticks,	Simple Salad Pots, Noodle Pots, Pasta Pots, Salsa Nachos, Spicy Chilli Sticks,	Simple Salad Pots, Noodle Pots, Pasta Pots, Salsa Nachos, Spicy Chilli Sticks,	Simple Salad Pots, Noodle Pots, Pasta Pots, Salsa Nachos, Spicy Chilli Sticks,	Simple Salad Pots, Noodle Pots, Pasta Pots, Salsa Nachos, Spicy Chilli Sticks,
Tuna Pots, Cheese Pots, Coleslaw Pots, Mixed Olives	Tuna Pots, Cheese Pots, Coleslaw Pots, Mixed Olives	Tuna Pots, Cheese Pots, Coleslaw Pots, Mixed Olives	Tuna Pots, Cheese Pots, Coleslaw Pots, Mixed Olives	Tuna Pots, Cheese Pots, Coleslaw Pots, Mixed Olives
Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches



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Beef Lasagne & Garlic Bread	Piri Piri Chicken & Spicy Rice	Chicken Korma & Boiled Rice	Spaghetti Bolognese & Garlic Bread	Fishwich ,Chips & Peas
Cheese & Tomato Omelete	Stir fry Vegetables with Sweet & Sour Noodles	Jumbo Fish Fingers on a Bun with Mayo	Sundried & Cherry Tomato Pasta Bake	Chicken Burger on a bun with Garlic Mayo
Jumbo Sausage Roll	Jacket Potato with Baked Beans	Cheese Sweet Potato & Spring Onion Wrap	Ham & Tomato Cheddar Panini	Cheese & Tomato Pizza
Simple Salad Pots, Noodle Pots,Pasta Pots,Salsa Nachos, Spicy Chilli Sticks,	Simple Salad Pots, Noodle Pots,Pasta Pots,Salsa Nachos, Spicy Chilli Sticks,	Simple Salad Pots, Noodle Pots,Pasta Pots,Salsa Nachos, Spicy Chilli Sticks,	Simple Salad Pots, Noodle Pots,Pasta Pots,Salsa Nachos, Spicy Chilli Sticks,	Simple Salad Pots, Noodle Pots,Pasta Pots,Salsa Nachos, Spicy Chilli Sticks,
Tuna Pots, Cheese Pots, Coleslaw Pots, Mixed Olives	Tuna Pots, Cheese Pots, Coleslaw Pots, Mixed Olives	Tuna Pots, Cheese Pots, Coleslaw Pots, Mixed Olives	Tuna Pots, Cheese Pots, Coleslaw Pots, Mixed Olives	Tuna Pots, Cheese Pots, Coleslaw Pots, Mixed Olives
Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches