

WELCOME TO DESIGN & TECHNOLOGY

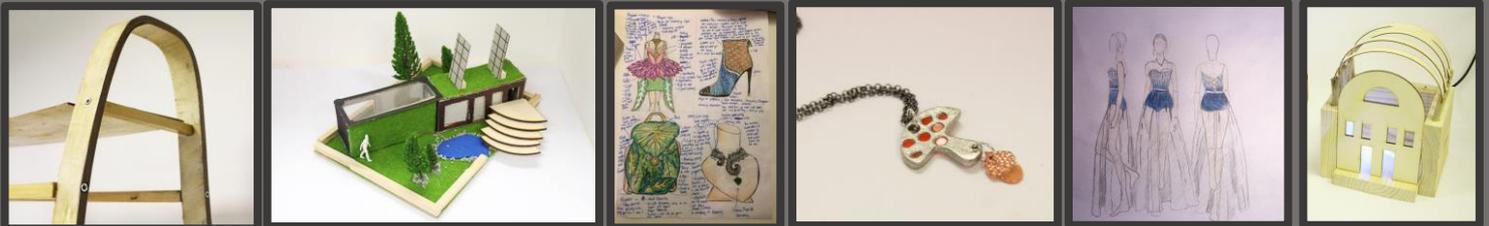
AND FOOD & NUTRITION

Dear Year 6 students, we are looking forward to seeing you in September.

D&T and Food & Nutrition might be a new subject for you but I'm sure that you will really enjoy it!

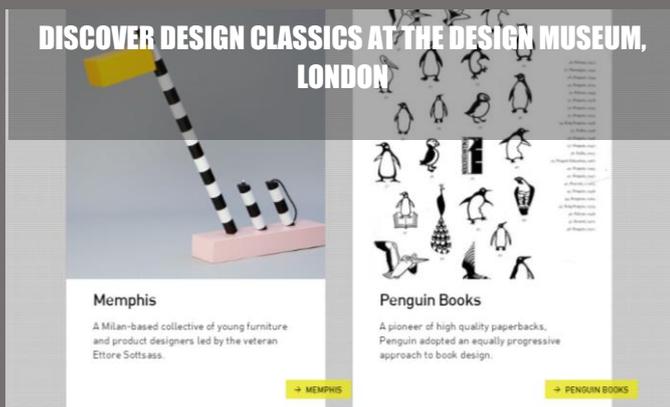
In Year 7 you will have one lesson a week of D&T or Food & Nutrition. Throughout the year, you will rotate around to a different teacher and complete a different area. This means you will have Food & Nutrition for one term and D&T for the remaining terms. You will have lots of opportunities to be creative and do practical work in each area.

D&T



Throughout Year 7, you will be learning lots of new skills including model making, 3D printing and designing. At the heart of all of your projects, we look at iconic design and designers to help inspire you.

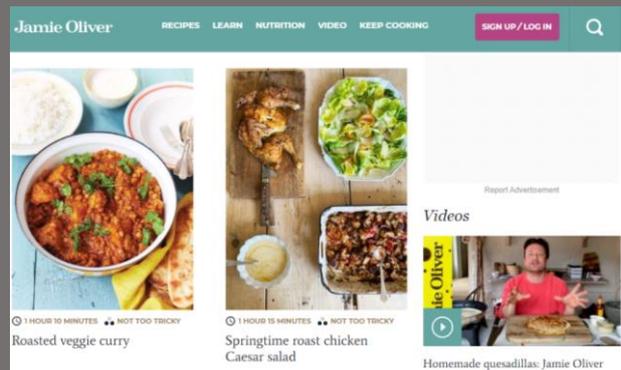
To try and become more familiar with design, why don't you try viewing an online exhibition? Unfortunately, museums and galleries are currently closed, but this also means there is an opportunity to see some of the best collections for fashion and product design, in the world!



FOOD & NUTRITION

The best place to start learning how to cook is at home so this summer see if you can spend some time in the kitchen either helping those that do the cooking or cooking yourself:

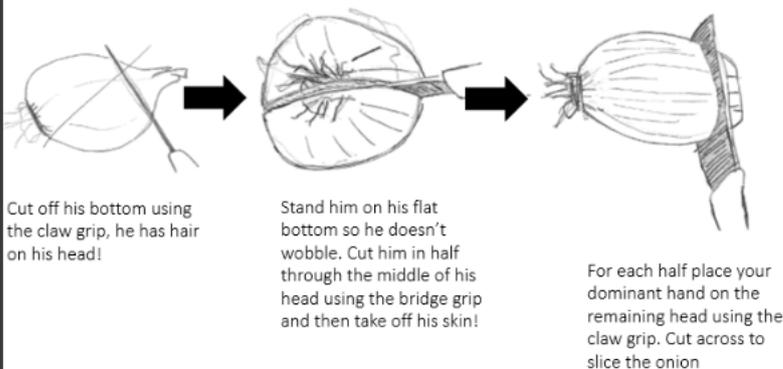
- ✓ Practise chopping skills
- ✓ Try and use some vegetables and fruit to make a picture
- ✓ Think of your favourite dishes and try and find recipes for them or ask someone to show you how to make them.
- ✓ Watch some of the cooking programs on TV. I think Jamie Oliver's programs are great
- ✓ Ask if you can help do the food shopping and plan the meals you and your families are going to eat for the week.



The more time you spend thinking about food and recipes and practising different skills in the kitchen the better.

Finally, my challenge to you this summer is to learn how to chop an onion like a chef. Use the diagram below to help you. Happy cooking!

How to Slice an Onion Like a Chef!



How to Dice an Onion Like a Chef!

