

E-Safety Advice for Parents/ Carers



How can I keep my daughter safe online?

You can...

<p>Consider setting up your family computer in a central, public location in the home like the living room, so you can supervise your daughter's use of the internet.</p>	<p>Investigate software or online services that filter out offensive material. Check with your internet service provider for any safety features they might be able to provide.</p>
<p>Come to an agreement between all family members around internet usage, including times, which websites can be accessed and which ones shouldn't be.</p>	<p>Turn off wi-fi when you don't want the internet to be used in the home or aren't around to supervise it.</p>
<p>Everyone has a 'digital footprint' online. It is important to communicate this to your daughter to help her understand that her online activity can be seen, used as evidence and have consequences for herself or others.</p>	<p>Tell your daughter never to disclose personal information about family members or herself online, including full names, addresses, mobile phone numbers, e-mail addresses, passwords or credit card details.</p>
<p>If your daughter is young, discourage chat rooms or online forums. Older children should only participate in chat rooms that you approve of – keep an open dialogue of why it is important to keep safe on chat rooms.</p>	<p>Tell your daughter that if anyone harasses her online, says something inappropriate, or makes her feel uncomfortable in any way she should tell you, a teacher, or a trusted adult.</p>
<p>Encourage your daughter to tell you if anyone is trying to get her to disclose personal information online.</p>	<p>Think about installing a children's search engine or filter, like Yahoooligans.</p>
<p>Familiarise yourself with Facebook, Twitter etc so that you understand social networks and are able to talk about them more easily with your daughter.</p>	<p>You can monitor or restrict the usage of 3G/4G on children's mobile phones, install family filters onto them, or make them a point of contact with family only.</p>